

HEALTHY MENU 健康推介



一 产 酷 吞 拿 魚 沙

芒果、紅藜麥、牛油果、 青瓜、蔥花、柚子醋



Tuna Poke

Mango, Quinoa, Avocado, Cucumber, Spring Onion, Yuzu Vinaigrette

營養成分 Nutrition Fact

100



Nutrition Fact

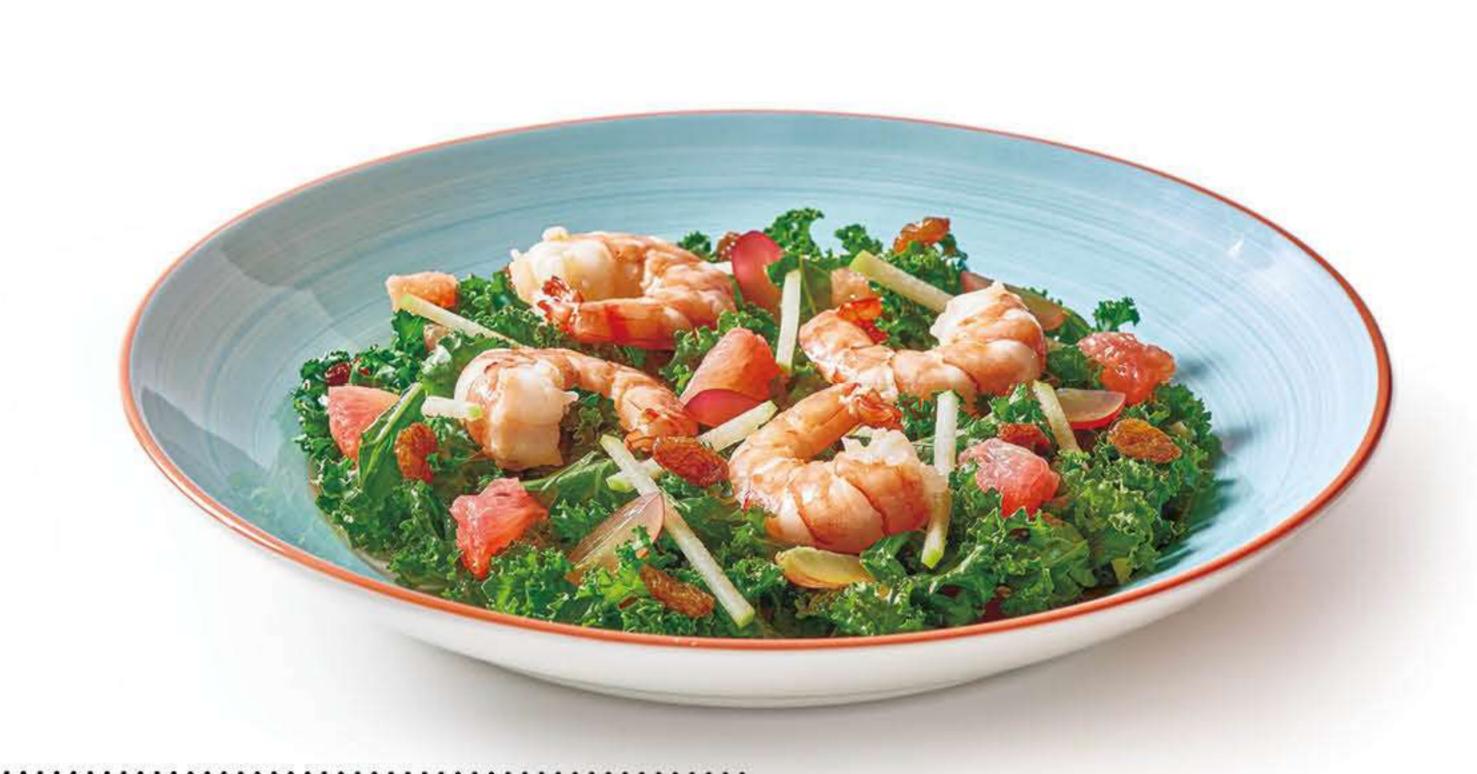
学鮮蝦柚子沙律

虎蝦、青蘋果、黃金提子、 羽衣甘藍、石榴油醋汁

Shrimp & Grapefruit Salad Tiger Prawn, Green Apple, Golden 營養成分

Raisins, Kale, Pomegranate Vinaigrette

100





一石斑魚豆腐湯

蕃茄、杞子、菠菜苗、薑、芫茜、蔥花

Grouper and Tofu Soup

Tomato, Wolfberries, Baby Spinach, Ginger, Coriander, Spring Onion



營養成分 Nutrition Fact

85



Nutrition Fact

越式牛肉湯河

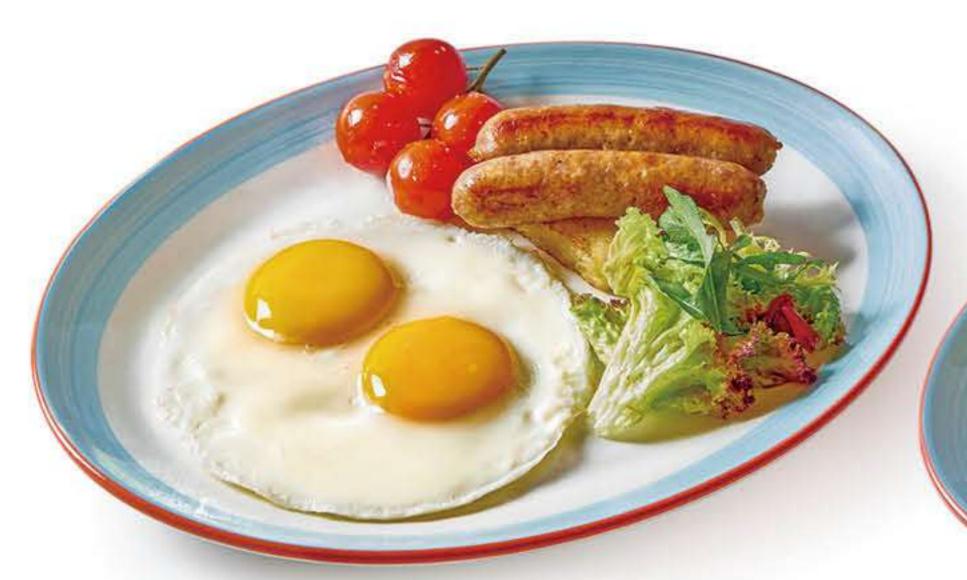
西冷、芫茜、泰國羅勒、蔥花、 芽菜、青檸、海鮮醬、辣椒醬

Vietnamese Beef Pho

Sirloin, Coriander, Thai Basil, Spring Onion, Bean Sprouts, Lime, Hoi-Sin Sauce, Chili Sauce



EGG 蛋







夢農場雙蛋

蕃茄及薯餅: 可選香腸、煙肉或火腿

2 Eggs Your Way

Tomatoes, Hash Brown, Choice of Sausage, Bacon or Ham

85

三蛋奄列

彩椒、火腿、蘑菇、芝士、蔬菜沙律、青檸油醋汁

3 Eggs Omelet

Bell Peppers, Ham, Mushrooms, Cheese, Green Salad, Lime Vinaigrette

85

佛羅倫斯煙 三文魚水煮蛋

菠菜、荷蘭蛋黃醬

Egg Florentine with Smoked Salmon

Spinach, Hollandaise Sauce

105

SOUP湯





海鮮湯

蕃茄麵包、蝦、法式乳酪

Seafood Bisque Brioche

Tomato Bread, Shrimp, Crème Fraiche

80

蘑菇湯

蒜蓉麵包、烤松子、法式乳酪

Mushroom Soup

Garlic Bread, Toasted Pine Nut, Crème Fraiche

SALAD沙律

凱撒沙律

煙肉、巴馬臣芝士、鳀魚、麵包粒

Caesar Salad

Bacon, Grated Parmesan, Anchovies, Croutons

加雞肉

Add Chicken

95

80

加三文魚 Add Salmon

100



越式牛油果蝦春卷

香草、花生醬、蝦、越式醬汁

Avocado and Shrimp Rice Paper Rolls

Fresh Herbs, Peanut Dip, Shrimp, Vietnamese Dressing

95





帕瑪火腿中東米沙律

帕瑪火腿、中東米、紅菜頭、無花果、蜂蜜油醋汁

Parma Ham and Couscous Salad

Parma Ham, Couscous, Beetroot, Fig, Honey Vinaigrette

100



卡普雷塞沙律

醃製蕃茄、羅勒、橄欖、松子、 迷迭香格里西尼、香醋、薑油醋汁

Caprese Salad

Marinated Tomatoes, Basil, Olive, Pine Nuts, Rosemary Grissini, Balsamic, Ginger Vinaigrette

SANDWICHES三文治

龍蝦卷

波士頓龍蝦、椰奶、薄荷葉、醃甘筍、 醃櫻桃蘿蔔、青瓜、刁草

Lobster Roll

Boston Lobster, Coconut Milk, Mint Leaves, Pickled Carrots, Pickled Red Radish, Cucumber, Dill

160





公司三文治

雞蛋、煙肉、蕃茄、生菜、火雞火腿、雞胸、蛋黃醬、薯片

Club Sandwich

Egg, Bacon, Tomato, Lettuce, Turkey Ham, Chicken Breast, Mayonnaise, Chips

105



雞肉漢堡

蕃茄、青瓜、紅洋蔥、捲心菜

Chicken Burger

Tomatoes, Cucumber, Red Onion, Asian Slaw

100



醃三文魚蛋酸麵包

甜菜根醃三文魚、牛油果、三文魚籽、蛋、青檸油、醋汁

Cured Salmon and Egg Sourdough

Beetroot Cured Salmon, Avocado, Salmon Roe, Egg, Lime Oil, Vinaigrette

110



烤雞肉卷

雞肉、蕃茄、小黃瓜、生菜、紅洋蔥、薄荷酸奶

Chicken Shawarma Wrap

Chicken, Tomato, Cucumber, Lettuce, Red Onion, Mint Yogurt

NOODLES AND RICE 麵及飯

檳城蝦麵

叉燒、芽菜、雞蛋、參巴辣椒醬

Penang Hokkien Mee

Barbequed Pork, Bean Sprouts, Egg, Sambal Chili Paste

100

海南雞配香油飯

湯、甜豉油、薑蓉、辣椒醬

Hainanese Chicken with Fragrant Oil Rice

Soup, Sweet Soy Sauce, Ginger and Scallion Sauce, Chili Paste

135





)泰式羅勒雞

紅洋蔥、蒜、檸檬葉

Thai Basil Chicken Pad Kra Pao

Red Onion, Garlic, Lemon Leaf

100



)烤鱸魚

參巴醬、四棱豆沙律、 醃胡蘿蔔和蕪菁

Roasted Sea Bass

Sambal Sauce, Winged Bean Salad, Pickled Carrot and Turnip

125



臺式鹵排骨

炒捲心菜胡蘿蔔、雞蛋、 酸菜和蘿蔔

Black Pork Ribs

Fried Cabbage and Carrot, Egg, Pickled Ginger and Radish

ASIAN AND WESTERN亞洲及西式

日式豬扒飯

豬扒、味噌湯、雞蛋、醬菜

Japanese Pork Chop Rice

Pork Chop, Miso Soup, Egg, Pickles

100



牛肉、泡菜

Korean Style Braised Beef Rice

Beef, Kimchi

115







味噌烤三文魚飯

芝麻、溫泉蛋、醬菜

Miso Glazed Salmon Rice

Sesame Seeds, Onsen Egg, Pickles

145

)奶油咖喱雞配藏紅花飯

優乳酪沙律、印度烤餅

Butter Chicken and Saffron Rice

Raita, Naan Bread

100

香煎小牛排

牛排、焦糖洋蔥、馬鈴薯泥

Pan Seared Skirt Steak

Skirt Steak, Caramelized Onion, Potato Puree

922人薄餅



95

瑪格麗特

水牛芝士、蕃茄、羅勒

Margherita

Mozzarella, Tomato, Basil







▶意大利 辣肉腸薄餅

蕃茄、馬蘇里拉芝士、 辣肉腸、芝麻菜

Diavola

Tomato, Mozzarella, Spicy Salami, Arugula

海鮮薄餅

蝦、魷魚、羅勒、卡拉馬塔、青檸

Seafood Pizza

Shrimps, Squid, Basil, Kalamata, Lime Zest

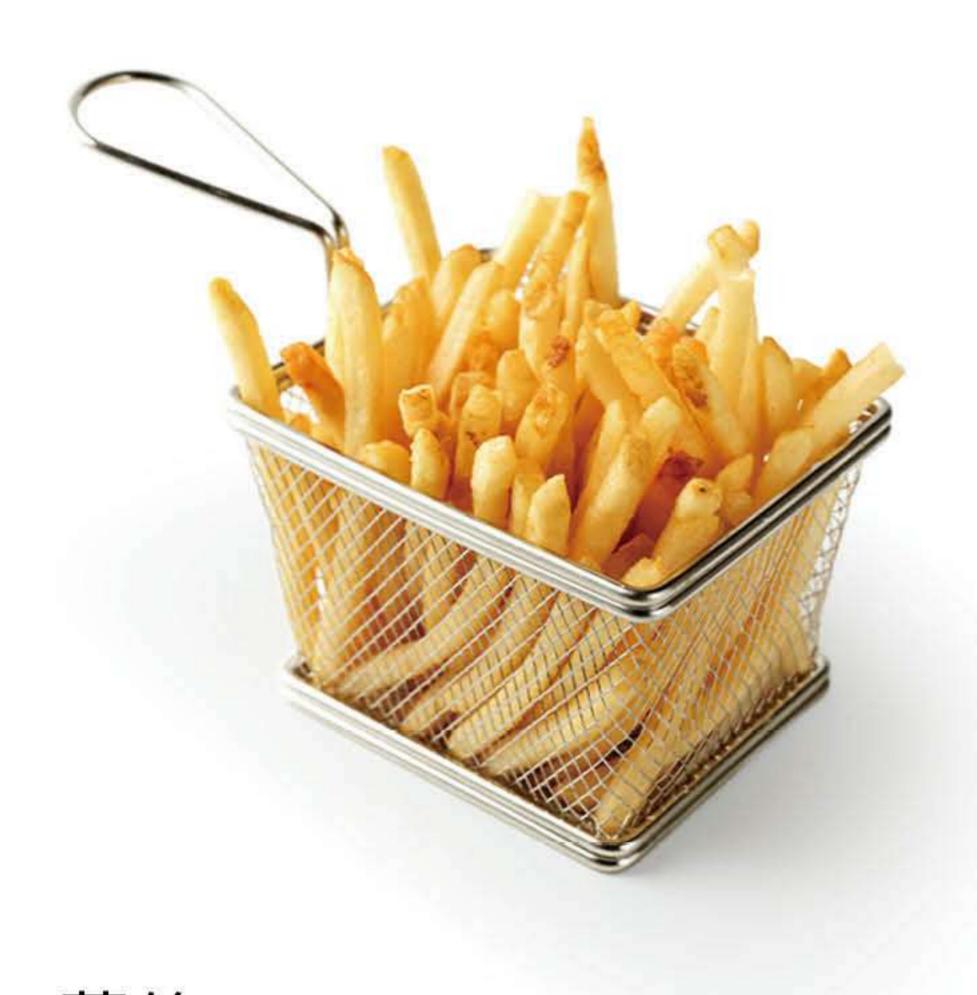
蘑菇薄餅

蘑菇、煙燻五花肉、焦糖洋蔥

Mushroom Pizza

Mushroom, Smoked Pork Belly, Caramelized Onion

SNACK小食



薯條 French Fries

40



雞翅

芒果沙律醬、生菜

Chicken Wings

Mango Salsa, Butter Lettuce

PASTA 意粉



菠菜意大利卷麵

里科塔芝士、菠菜、蕃茄醬、松子、卷麵

Spinach Cannelloni

Ricotta, Spinach, Tomato Sauce, Pine Nuts, Cannelloni

120



肉醬螺絲粉

巴馬臣芝士

Fusilli Beef Ragout

Parmesan Cheese



忌廉寬條麵

蘑菇、葡國火腿

Fettuccine Carbonara

Mushroom, Portuguese Ham



香蒜蜆肉意粉

95

紅辣椒、白葡萄酒、洋蔥、 芫茜、檸檬汁、檸檬皮

Spaghetti with Clams and Garlic

Red Chili, White Wine, Onion, Coriander, Lemon Juice, Lemon Zest



95

SWEET甜品

鬆餅

Scones

40

等時令鮮果盤 Seasonal Fruit Platter

SIGNATURE DRINKS 特色飲品











薄荷薑汁茶

蝶豆花、甜菊葉、 雲霧綠茶

Ginger Peppermint Tea

Butterfly Pea, Stevia Leaf, Green Tea

65

玫瑰花話梅茶

墨玫瑰花、桑葚、 黑杞子、浙江紅茶

Rose and Plum Tea

Crimson Glory Rose, Mulberries, Black Wolfberries, Black Tea

65

香檸薑茶

香茅、馬鞭草、 香水檸檬、正山小種

Lemongrass Ginger Tea

Citron, Lemon Verbena, Black Tea

65

山楂無花果茶

洛神花、 桂圓、杞子

Hawthorn and Fig Tea

Roselle, Dried Longan, Wolfberries

65

甜蜜桂花茶

甜菊葉、金絲皇菊、 毛峰綠茶

Sweet Osmanthus Tea

Stevia Leaf, Chrysanthemum, Green Tea

65









松風詠桂

金桂花、舞茸、武夷水仙

Flora Blossom

Osmanthus, Maitake Mushroom, Bo Hea Suey Sian

85

青香玉翠

銀針白茶、茉莉綠茶、梔子花

Jade Forest

White Tea, Jasmine Tea, Gardenia

85

遊鶴延喜

癸巳年白牡丹、 梅江陳皮、杞子、紅棗

Citrus Sensation

Aged White Tea, Aged Tangerine Peel, Wolfberries, Red Dates

85

宮廷金蒡茶

宮廷普洱、 野生牛蒡

Golden Aged Pu-er

Palace Pu-er, Burdock

COFFEE 咖啡

咖啡 Coffee	48
美式咖啡 Americano	48
低因咖啡 Decaffeinated Coffee	48
特濃咖啡 Espresso	48
雙份特濃咖啡 Double Espresso	48
東帝汶帝皇咖啡 Café Diliy, Ground Arabica, Timor Leste	60

瑪奇朵 Macchiato	48
泡沫咖啡 Cappuccino	48
鮮奶咖啡 Café Latte	48
摩卡 Mocha	48
手打泡沫咖啡 Dalgona Coffee	48

東帝汶是全世界最大有機及單一產區咖啡豆產地。 當地農民以古老的方式將咖啡樹種植在肥沃的火山土壤下, 在此天然生長環境栽種出優質且具獨特風味的 阿拉比卡種中之"帝比卡"。

美高梅與本地公司 CAFÉ DILIY 合作為您帶來 最新鮮的滴濾咖啡,在澳門進行專業烘焙及包裝, 帶出帝比卡之果香、花香及焦糖味。 這款咖啡味道濃郁,口感優雅及餘韻悠長。

我們會以手沖方式帶出這咖啡之精華,用一杯美味的咖啡開始您的一天!

Timor Leste is the largest producer of organic and single origin coffee beans in the world. Cultivated and harvested in the most ancient way by only a handful of farmers, on fertile volcanic soil and pristine growing environment, preserving the unique taste and authenticity of a superior Arabica strain called "Tipica".

Expertly roasted and packed in Macau by local company
Café Diliy, in collaboration with MGM, to bring you the
freshest cup of drip coffee, showcasing the hallmark of
Tipica beans which are fruit, floral, caramel. This aromatic
coffee is flavorful yet elegant on the palate, with a long finish.

Our coffee experts are ready to bring you on a journey of discovery, with the V60 method, the best way to bring out the richness and essence of this coffee. Start your day with a cup of nice coffee!



TEA 茶



有機早餐紅茶 Organic Breakfast Tea	48
伯爵花茶 Flowery Earl Grey Tea	48
有機洋甘菊茶 Organic Chamomile Blossoms Tea	48
有機薄荷茶 Organic Peppermint Tea	48
經典山梅茶 Classic Mountain Berry Tea	48
有機梨樹綠茶 Organic Pear Tree Green Tea	48
有機荔枝綠茶 Organic Lychee Green Tea	48
有機南非國寶香草茶 Organic Vanilla Rooibos Tea	48
有機南非國寶橘子茶 Organic Tangerine Rooibos Tea	48
茉莉花茶 Jasmine Tea	48
玄米茶 Genmai Tea	48
熱檸檬茶 Hot Lemon Tea	48
熱蜂蜜奶茶 Hot Honey Milk Tea	48
鮮奶有機伯爵紅茶 Organic Earl Grey Tea Latte	48

SOFT DRINKS 汽水

乾薑水	Ginger Ale	45	可樂	Coke	45
無糖可樂	Coke No Sugar	45	雪碧	Sprite	45

SMOOTHIES泳沙

大力水手 中油果、菠菜、蜂蜜、牛奶、煉奶 Spinach Avocado Avocado, Spinach, Honey, Milk, Condensed Milk **莓之戀人** 草莓、藍莓、紅莓、乳酪、蜂蜜、香蕉 Berries Smoothie Strawberry, Blueberry, Raspberry, Yogurt, Honey, Banana

JUICES果汁

蘋果	Apple	60
甘筍	Carrot	60
香橙	Orange	60
西瓜	Watermelon	60
蜜瓜	Honeydew Melon	60
西芹	Celery	60
雪梨	Pear	60
	是汁(任選以下2或3款蔬果) 橙、西瓜、蜜瓜、甘筍、西芹、雪梨	65
(2 or 3 ty Apple, C	Your Own Juice opes of fruits and vegetables) Orange, Watermelon, Honeydew Melon, Celery, Pear	
100 Har 200 May 100	愛糖 (28 克) oney (28g)	15



SLOW PRESS JUICE 慢榨蔬果汁

藍莓葡萄紫色蔬果汁 (配紫甘筍,雪梨及薑) 改善心血管功能,抗氧化,保護視力 Blueberry and Grapes Purple Juice with Purple Carrot, Pears and Ginger Source of dietary fiber, vitamin C, potassium, manganese, vitamin K and anthocyanins. Helps protect the integrity of the cardiovascular system	80
紅菜頭蘋果紅色蔬果汁(配檸檬及葡萄) 抗腫瘤作用,強壯心血管,預防心臟病 Apple Beet Red Juice with Lemon and Red Grape Apple and beet are rich in potassium. It helps your heartbeat stay regular and offset some of sodium's harmful effects on blood pressure	80
雪梨淮山白色蔬果汁 增強免疫力,降低血壓,提高肝臟的保護 Pear and Yam White Juice Yams and pears are a rich source of flavonoids which are antioxidants that may help reduce inflammation and protect against certain diseases	80
金奇異果菠蘿黃色蔬果汁 (配黃薑) 促進皮膚健康,天然的免疫力 Golden Kiwi and Pineapple Yellow Juice with Turmeric The combination of golden fruit helps to build up our body's immune system and protects digestive systems	80
青瓜西芹綠色蔬果汁 (配菠菜、香茅、青蘋果及奇異果) 維持眼睛健康,帶有消炎作用,骨骼健康 Cucumber and Celery Green Juice with Spinach, Lemongrass, Green Apple and Kiwi Helps to release stress and anti-fatigue. Good source of iron & calcium for your body needs	80



STILL WATER

礦泉水

依雲 330 毫升 Evian 330ml	40
依雲 750 毫升 Evian 750ml	75
普娜 500 毫升 Acqua Panna 500ml	50
普娜 750 毫升 Acqua Panna 750ml	75

SPARKLING WATER

有氣礦泉水

派瑞絲 250 毫升 Pedras 250ml	35
派瑞絲 750 毫升 Pedras 750ml	75
原味巴黎 330 毫升 Perrier 330ml	40
原味巴黎 750 毫升 Perrier 750ml	75
聖沛黎洛 250 毫升 San Pellegrino 250ml	40
聖沛黎洛 750 毫升 San Pellegrino 750ml	75

BEER

啤酒

青島 Tsing Tao	55
澳門金啤 Macau Golden Ale	55
藍妹 Blue Girl	55
喜力 Heineken	65
朝日 Asahi Super Dry	65





此頁載有之酒精飲料達1.2%以上酒精濃度 Alcoholic beverages listed above contain higher than 1.2% alcohol by volume 所有價錢以澳門元計算及需另加5%政府税和10%服務費 All prices are in MOP and subject to 5% government tax and 10% service charge

WINE葡萄酒

香檳 CHAMPAGNE	每杯 By glass 150 毫升 / ml	每瓶 By bottle
羅蘭百悅酒莊、特釀乾型、圖爾、法國 Laurent-Perrier, La Cuvée Brut, Tours-sur-Marne, France	160	780
布麗卡沙蒙、桃紅乾型、馬恩河谷、法國 Billecart Salmon, Brut Rosé, Mareuil-sur-Aÿ, France	260	1280
白葡萄酒 WHITE WINE		
2023 青酒、阿爾巴厘諾、索阿萊羅酒莊、葡萄牙 Vinho Verde, Alvarinho, Soalheiro, Portugal	60	300
MV 霞多麗、雙橡園、蒙大維酒莊、納帕、美國 Chardonnay, Twin Oaks, Robert Mondavi, Napa Valley, USA	70	350
桃紅葡萄酒 ROSÉ WINE		
2022 玫瑰海岸、吉哈伯通、朗格多克、法國 Cote des Roses, Gérard Bertrand Languedoc, France	70	320
紅葡萄酒 RED WINE		
2022 黑皮諾、舒伯特酒莊、懷拉拉帕、新西蘭 Pinot Noir, Schubert, Wairarapa, New Zealand	100	500
2020 赤霞珠、誘餌系列、杜克霍恩酒莊、索諾瑪縣、美國 Cabernet Sauvignon, Decoy, Duckhorn Vineyard, Sonoma County, USA	120	580
甜葡萄酒 SWEET WINE		
2022 高地園、雨耶酒莊、武弗雷、法國 Le Mont Moelleux, Domaine Huet, Loire Valley, France	140	850